

A stylized tree logo with a brown trunk and roots. The canopy is composed of colorful leaves in shades of blue, green, yellow, and red. A blue circle is positioned at the center of the canopy, above the trunk.

Ances Tree

Align

Reclaiming, Redeeming
and Re-visioning
Family & Cultural Connections

AncesTree Align

by Patricia Kaminski

AncesTree Align reflects decades of worldwide research from practitioners who are helping their clients reclaim, redeem and re-vision those aspects of soul identity that stem from familial, hereditary and cultural influences. This healing process is one of integration as well as separation; embrace as well as emergence. The therapeutic goal of **AncesTree Align** is that the unique individuality is honored and encouraged in the journey from past to present and future potential.

Indications for Use:

- For acute trauma or conflict regarding one's family or extended culture and community; to bring healing, compassionate insight, and forward momentum in dysfunctional, adversarial, or paralyzing situations
- For understanding and guiding masculine and feminine principles in parenting; needing to find alchemical balance by healing wounds, trauma, false identification, or lack in integration in one's own childhood and cultural background regarding the father and mother principles of soul identity
- When needing to examine deeper patterns and causes regarding failures or stress issues within one's relationships or career; shedding false aspects of the self that hinder potential and actualization in social arenas
- When feeling alienated or aimless regarding one's identity; needing to activate passion and purpose for one's destiny and purpose, through a deeper examination of cultural factors that may be impeding it
- For judgement, tension or resistance to other cultures, races or nationalities; needing to move beyond limiting beliefs or prejudices inherited from family and culture, developing a more expansive identity that embraces the human community
- To accompany a deeper dive into one's ancestral roots: to achieve greater compassion and insight for the complex and compelling forces that have shaped one's originating identity; to accept, understand and ultimately move beyond negative aspects in one's family or culture
- To activate greater forces of destiny and purpose in one's Higher Soul Self, taking hold, redeeming, and transforming karmic forces from the past, sewing positive seed forces for one's future evolution

"One of the most important formulas we have used to help the ethnic conflicts in Armenia is *AncesTree Align*. Thank you for your generous humanitarian donation."

Dr. Ani Kalayjian, President, Association for Trauma Outreach & Prevention, Representative to the Department of Global Communications at the United Nations

The AnceTree Align Formula

AnceTree Align features several key healing themes that form a synergistic whole:

1. Alchemical Integration of the Masculine and Feminine: Recognizing their Imprint in early Soul identity

Every incarnating soul is formed through the interaction of masculine and feminine forces. This is literally true on the biological level of conception and extends also to the balance of the masculine and feminine soul qualities. The masculine forces of the Sun instill qualities of Self-confidence, outgoing warmth and active engagement in the world. The Moon forces impart mothering qualities of nurturance, receptive embrace, interior warmth and unconditional acceptance. The alchemy of both of these forces is needed in order to develop the human soul identity no matter what our physical gender may be. Nearly every human being has excesses or deficiencies in these two polarities that stem from family and cultural beliefs and practices.



Sunflower *Helianthus annuus* – Radiant solar forces that contribute to a healthy sense of individuality and self-assurance, balancing excesses of selfishness and egoity as well as deficient qualities of low self-esteem and lack of confidence to meet the world. For an afflicted relationship to the father or other father-like figures who modeled the masculine soul identity.

Baby Blue Eyes *Nemophila menziesii* – Deep soul qualities of trust and positive vulnerability. Violation of one's innate innocence and emotional openness in early life, resulting in a false masculine hardening of the soul. Absent, erratic, traumatic or abusive relationship with the father or father-like figures during childhood, leading to cynicism, extreme defensiveness, reactivity, and lack of emotional availability.



Mariposa Lily *Calochortus leichtlinii* – Positive mothering forces that nurture and encourage the child at every stage of development; the primal human feeling of being honored, held, and loved unconditionally from the earliest moments of incarnation on earth. For abandonment, abuse, neglect, or related trauma that stems from the mother-child relationship, resulting in feelings of being unlovable or unwanted and related social anxiety. Lack of ability to provide connection, communion and care with one’s child as an adult mother, due to prior unredeemed trauma.



Splendid Mariposa Lily *Calochortus splendens* – Further expansion and development of mothering qualities; extending the feminine matrix of nurturing impulses to all members of the human family: the capacity to recognize, encourage and protect the emerging human identity of all peoples . For those who have been orphaned, adopted, or have migrated to other cultures and lands on the earth, and feel unseen, unwanted, or un-recognized.



To heal the feelings of deficiency or inadequacy when one is denied full membership in the human family due to cultural, religious, racial, national, or other external definitions of the human being.

2. Redeeming, Reclaiming and Re-visioning Past influences and Patterns in Family, Community and Wider Culture

Each human being emerges from a wider matrix of family and cultural traditions, rituals, and beliefs. Countless rich gifts are bestowed upon us through this legacy, but also the soul can be fettered and enfeebled by limiting beliefs or toxic prejudices. Each person must learn to decipher and discern these influences, being able to integrate as well as separate within this encompassing cloud of forces. This process of consciousness awakens one’s true Light of Being with its unique individuality and creative life purpose.



Joshua Tree *Yucca brevifolia* – Understanding how each individual is placed within and grows from a “tree” of hereditary and cultural rituals and beliefs. Learning to identify and transform negative patterns or dysfunctional traits such as alcoholism, depression, violence, abuse, class or racial prejudice. Through the honest owning and recognition of what grows on the Family Tree, one gains compassionate insight and the ability to heal and transform the past. In this way, the individual moves toward great freedom, and Self-actualization, while also bringing positive redemptive forces to the whole of the Family Tree.

Saguaro *Carnegiea gigantea* – Positive recognition and respect for the deep roots of one’s identity; learning to recognize ancient and sacred traditions in one’s lineage and community roots. Ability to discover and absorb the deeper wisdom teachings that stem from one’s past. Overcoming amnesia or alienation, especially when one has disowned one’s past, or feels actively rebellious and negative toward all past influences.



3. Freeing the Soul’s Outlook for Future Identity and Potential

Holly *Ilex aquifolium* – Awakening the heart to core forces of compassion and insight regarding one’s family, extended community and culture. Ability to use the wider lens of the heart to understand and forgive the transgressions of others in our Circle of Origin. Centering the heart as it finds its balance of love and connection for members of the Family Tree without enmeshment or perpetuation of dysfunction or wrongdoing.



Walnut *Juglans regia* – Inner forces of strength to move forward in a positive manner. Moving beyond feelings of anger, rejection, fear or betrayal, toward a healthy sense of Self-Direction. Identifying positive purpose and goals that focus forward, knowing that the greatest gift we can give to the world is our own joy and enactment of life purpose.



4. Active Alignment within the Soul: Ability to weave past, present and future toward ever-expanding human potential

Angelica *Angelica archangelica* – acts as a fulcrum in the whole of the



AncesTree Align formula weaving its core themes into new patterns of insight and activity. For example, we may recognize later why a particular person or event was present in our earlier life. Originally it may have been viewed through the unpleasant lens of trauma, then one discovers later, it's hidden meaning or necessity for our destiny. Angelica opens the portal to a Higher sense of the Self, so that we feel guided and illumined with increasing consciousness and direction for

one's Soul Path. This applies not only for the past and future, as we understand them on earth, but also for more profound spans of time that emerge from the deep past and create seeds for an ever-evolving future.

Pine Essential Oil *Pinus sylvestris* – provides cleansing and warming qualities, especially forces of light and resiliency that carry memory of the past, but move upward to future heights of expression



Practical Directions

Formulated for Direct Use — The *FES Flourish Formulas™* are conveniently packaged with spray tops, ready for direct application. The standard oral dosage is one or two sprays in the mouth, four times daily in-between meals or before eating. For emergency or intense healing episodes, dose more frequently until the condition has stabilized.

When to Use — The two most important times for application are when the body-soul matrix is shifting between wake and sleep: upon awakening, and just before sleeping. Many find it helpful to keep a bottle of the formula on the night stand for this purpose, along with another bottle that is carried in the purse or briefcase, or kept at the place of work, such as the office desk. (Flora-Sleep should be taken just prior to rest, please see the special indications for this formula.)

Topical Application for Subtle Body Healing — The *FES Flourish Formula™* spray tops allow topical applications to be effortless and sanitary. One of the most effective topical applications is on the pulse point inside the wrist. Spray and then lightly rub in the mixture; then apply gentle pressure for a minute or so while breathing deeply. Other receptor sites, meridians or chakra points respond very well to flower essences, depending on the knowledge and skill of the practitioner and the particular symptoms being treated. For example, it is very efficacious to apply the *Sacred Heart™ Flourish formula* on points along the heart meridian, in tandem with oral doses.

Topical Application with Creme — The *Flourish* line is synergistically compatible with *Self-Heal Creme™*, or you can use any other carrier creme that is suitable. Apply one or two sprays per ounce of creme and then stir in both directions.

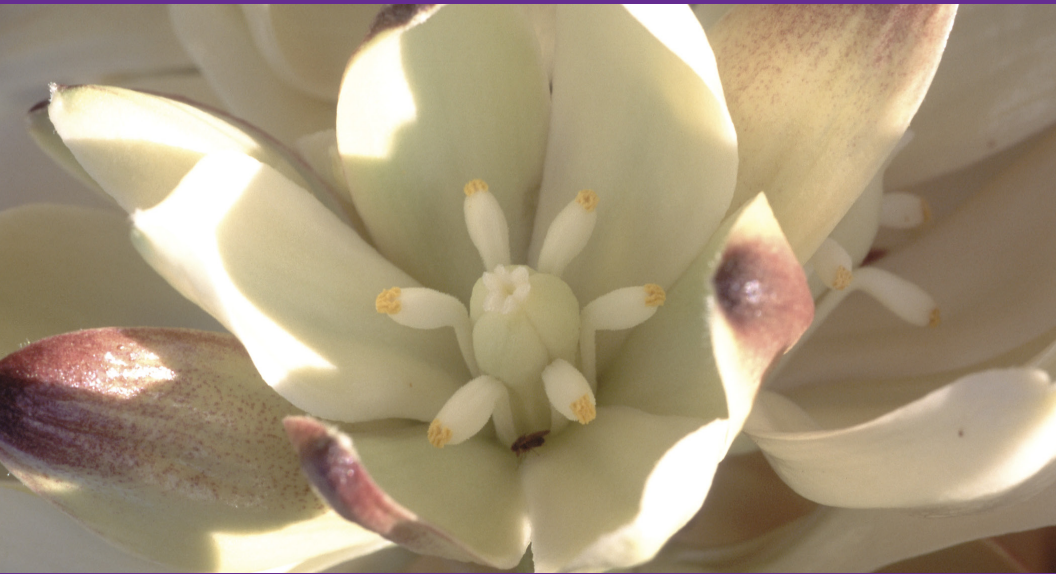
General Misting — The *Flourish* formulas can also be very effective when lightly misted around the whole body, the head and surrounding body space. Be sure to close eyes and remove glasses before doing so. This method is a special favorite for many children.

Herbal Supplement Status — Ancestry Align is an herbal supplement. The information provided is not intended to diagnose, treat, cure or prevent any disease. This product and the statements made in this brochure have not been evaluated by the U.S. Food and Drug Administration.

I am recommending AnceTree Align widely for my international network of practitioners. Since many years I have worked with healing of ancestral lines. Ancestral healing is important at every stage and often lies in the hidden depths of why one suffers, feels rejected or cannot manifest life destiny.

Even taking this remarkable formula for myself, I was astonished at the soul material that came to light, despite years of attending to these issues. Just reading the descriptions of the AnceTree Align formula is already transformative.

— Anna Maria Pierce,
international healer and teacher, Hudson, NY, USA



Joshua Tree *Yucca brevifolia*

one of the key flower essences in the AnceTree Align formula



Flower Essence Services

www.fesflowers.com 800-548-0075

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Made with organic and wild-harvested
flower essences and essential oils

